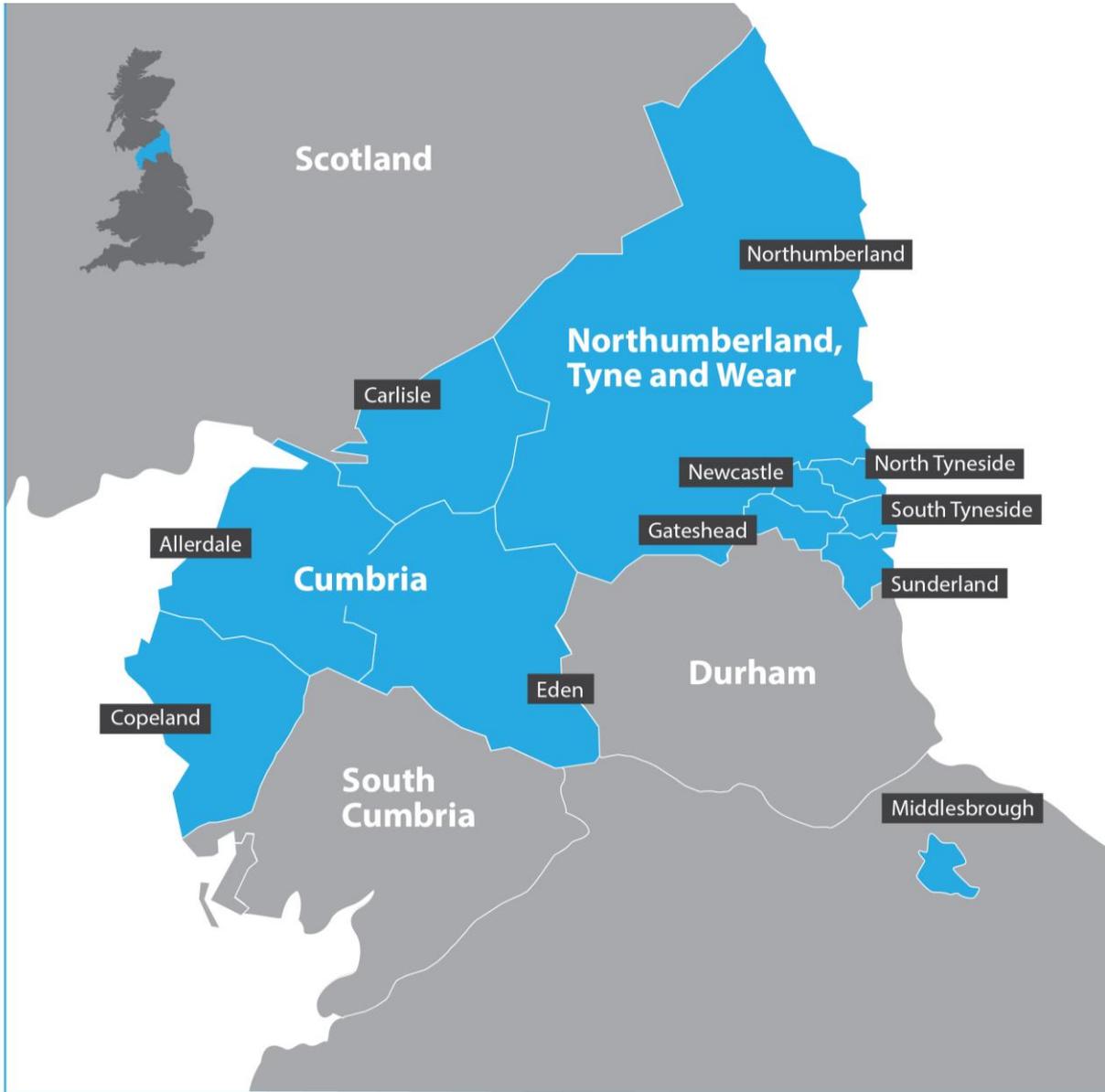


# LOTUS ACKLAM ROAD HOSPITAL



David Muir Group Director  
Jill Stewart Associate Director





# Background

- CAMHS services at West Lane Hospital was closed in 2019 following CQC regulatory action
- Formal request from NHS England/NHS Improvement (NHSE/I) to establish a CAMHS inpatient service in Teesside
- Following Board approvals CNTW agreed to provide a 10 bedded General Adolescent Inpatient Unit for young people aged 13-18 years
- 'Lotus' has been selected as the name of the ward (a symbol of regeneration) following research and engagement with young people residing within Ferndene and Alnwood Wards
- Lotus Ward will be managed by the Trusts' Specialist CAMHS Clinical Business Unit within the North Cumbria Locality Care Group
- Lotus opened on 5 April 2021 following NHSE/I approval and CQC registration
- Patient occupancy commenced 10<sup>th</sup> May 2021

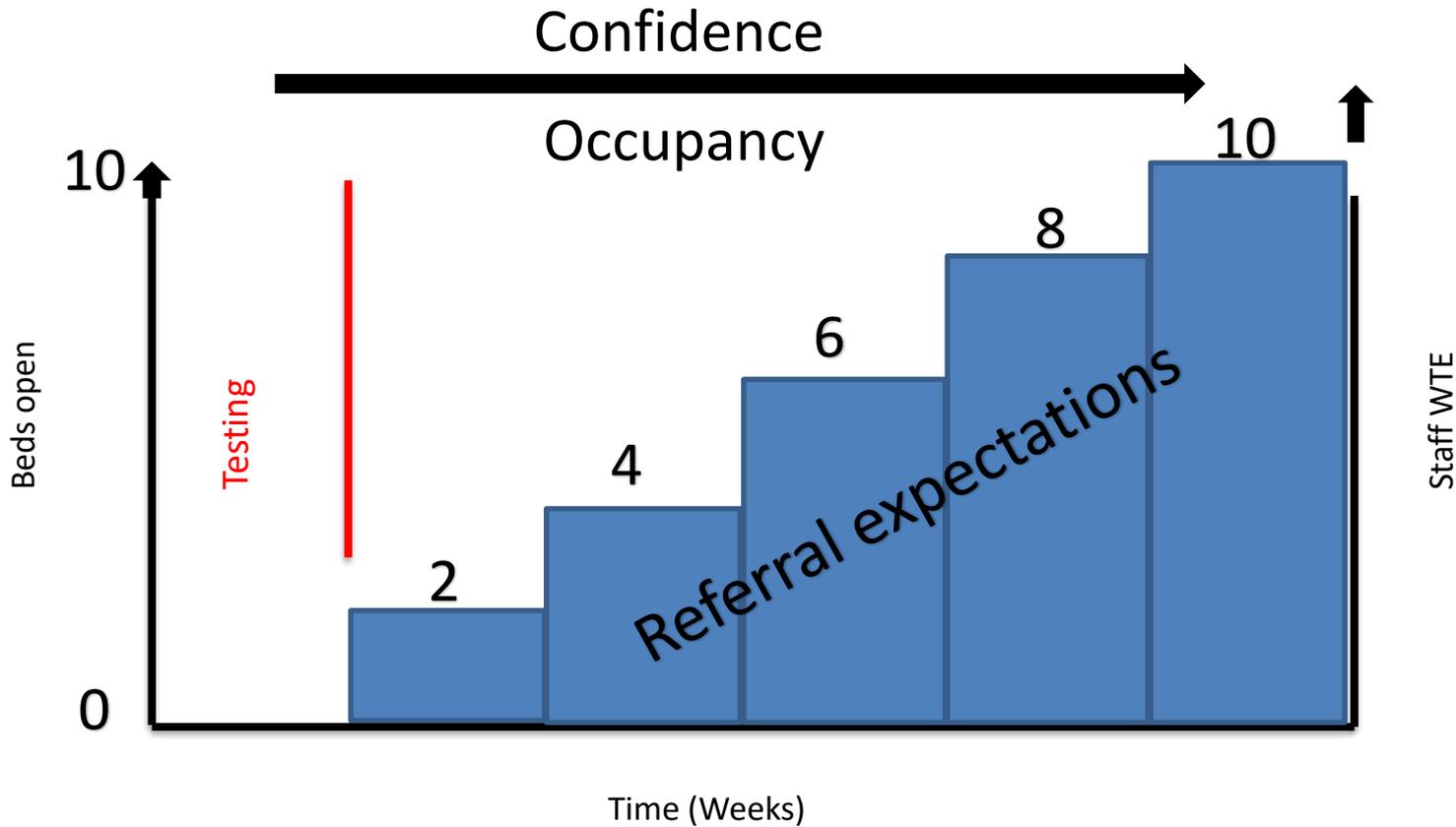


# What Lotus Ward offers as a General Admissions Unit?

- Support to young people who are suffering from complex mental health difficulties who require assessment and treatment
- Therapeutic support offered by a nursing team and full Multi Disciplinary Team including: Psychiatrist, Occupational Therapist; Speech and Language Therapist; and Dietician and Occupational therapy
- Individual therapeutic support such as: Dialectical Behavioural Therapy; Positive Behaviour Support; risk assessment of needs; engagement within structure clinical management; and links with the community teams
- 24 / 7 nursing support offering a wide range of activities to support recovery and promote independence, build resilience to safely return back to the community
- Young people will receive education during their admission. This will incorporate vocational skills, educational skills (link with local school/college), sports and gym facilities to promote healthy lifestyles and mental wellbeing as well as a wide range of ward based activities
- Admission of young people to the ward may be informal or via a section under the Mental Health Act



# Stepped Approach



# Admission Update

From 10<sup>th</sup> May 2021

15 admissions to date 13 transfers, 2 direct admissions

## Localities:

- Co Durham 6
- Tees 4
- Sunderland 2
- North Yorkshire 1
- Gateshead 1
- North Cumbria 1

Average length of stay - 34 days



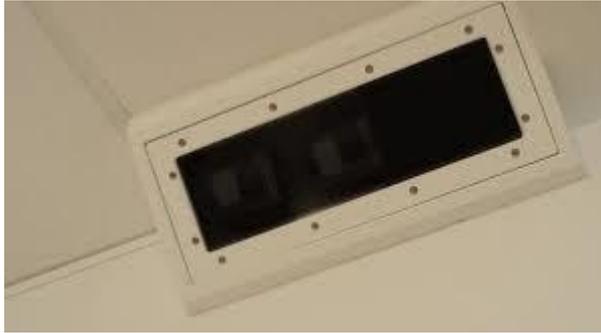
Caring | Discovering | Growing | **Together**

# Environment



Caring | Discovering | Growing | **Together**

# Environment



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# Challenges

- Workforce and Recruitment
- Stand Alone Unit
- Covid 19



# Feedback

“Love Lotus, helped my brain focus, help fix my problems, my hocus pocus, I found my home at Lotus, helped me grow”

The outdoor space is fab, staff are great they make time to listen helping me control my feelings when I'm not feeling at my best. Ta

# Any Questions



Caring | Discovering | Growing | **Together**